



Tuesday 13<sup>th</sup> March 2018

Dear Parents/Carers,

Did you know that next week is Sports Relief week? Sports Relief week is all about encouraging everyone to be active, raise money and support others that need it. At All Saints, we believe everyone deserves the right to live happier, healthier and safer lives. That is why we would really like to raise some money for Sport Relief.

As a school, we feel really lucky to have lots of sporting opportunities, including:

- Monthly in school competitions with Mr Noyce
- Friendly games against other schools in Sherborne
- Tournaments such as basketball, rugby, netball and football
- Sports clubs like Fencing, Nerf Wars and Dance Crew
- Lunch time clubs like Football and Cross Country
- Swimming daily in the last summer half term
- Whole school Sports Day in the summer term
- Daily Wake and Shake / Fitness
- Sports ambassadors and play leaders

Unfortunately, not everyone gets these wonderful opportunities. Any money we could raise, would support more than 2,000 projects in the UK and around the world – we must remember that we're all in this together and just a little donation really can make a difference. For example, there has been incredible progress in the fight against malaria and for the first time in history, we have the tools, resources and knowledge to end this devastating disease. Another way our money could help is supporting maternal health. Did you know that an expectant or new Mum dies from poor maternal health every two minutes? Sports Relief can significantly improve the lives of mothers and babies around the world. In the UK, one in four of us will experience a mental health problem over the course of a year but thanks to our donations, sports relief would be able to fund projects that increase public awareness, reduce the stigma and truly recognise the importance of good mental health. Together, by tackling these and many other critical issues, we can change countless lives.

### **What are we asking?**

All Saints' Sports Ambassadors are leading an assembly on Monday 19<sup>th</sup> March 2018 to share with the children all about Sports Relief week. For your information, please see a list of the things we will be doing below:

- Daily 'Daley' challenges, which will be 'Obstacle Monday', 'Skipping Tuesday', 'Welly Wednesday', 'Boogie Thursday' and 'Footie Friday'. Children in school time will be given the opportunity to take part and collect points in these challenges. Certificates for participation will be handed out in our

celebration assembly on Friday. Please ensure your child has their PE kit in school EVERY day next week.

- Taking part in different organised events: Monday Dorset Games, Wednesday staff vs children netball match! Thursday Bike ability and Friday Year 5 Tag Rugby Tournament
- Sports Ambassadors will be on the children's entrance door every morning and after school next week – please drop any spare change in the red bucket surrounded with balloons!
- Each child will come home with their very own 'Sport Relief money box'. If you are unable to come to school or would like to create your own money box, please follow the instructions to make the money box and then bring in any donations on Friday 23<sup>rd</sup> March 2018.

As Sports Ambassadors, we would like to thank you for donating any money and we look forward to sharing the 'Daley challenges' and how much we raise on our school website.

Thanks for your support

All Saints Sports Ambassadors - **Annie, Oscar, Yahya, Cali, Jazmyn, Lucas and Leanne**

