



**Book Now
for Spring Term**
February - March 2016

Breakfast Club & Afterschool Care Programme



In association with PH Sports Ltd

EXTENDED SCHOOL PROGRAMME

All Saints Primary School is proud to be able to help busy parents manage their work commitments around the regard to school's timetables by providing early morning and after school support with a Breakfast Club and Afterschool Care, in association with PH Sports.

PH Sports:

PH Sports deliver active and engaging school support packages that develop the whole child. Their approach ensures that each child they work with at school is healthy, safe, engaged, supported and challenged.

PH Sport Staff:

All PH Sports staff hold an enhanced DBS, first aid and safeguarding qualifications and have detailed knowledge of the new primary curriculum. They attend regular internal and external staff development days, as well as undergoing termly assessments to consistently challenge and monitor their personal performance and ensure that they are delivering quality lessons to the high standards PH Sports embrace.

ALL SAINTS' PH SPORT COACH:



Jamie Craig has been the All Saints Breakfast & Afterschool coach since the launch of programme. Jamie's background has been sports focused. At college he successfully completed BTEC Sports Level 3 Extend diploma in Sports and exercise Science and an NVQ Level 2 in Instructing Sport and Exercise, Coaching and Leading. Jamie loves all sports and excels in Taekwondo where he is a Black Belt. However, his true love is Rugby. Jamie strongly believes that sport helps children develop into successful adults as it addresses communication, team work, respect and discipline – all critical life skills whilst also promoting a healthy lifestyle.

THE BREAKFAST CLUB

The Breakfast Club provides fun and engaging activities including sports, dance, board games and creative activities alongside a healthy breakfast to get the children ready for a great day at school. The club has full access to all playground facilities and school equipment and runs from **7.45AM TO 8.45AM** each morning at a cost of **£3.50 PER CHILD** per day.

Breakfast includes a bowl of cereal, toast (if there is room!) and fresh juice. We all understand that **Breakfast** is the most important meal of the day as **It** provides energy and nutrients that lead to increased concentration in the classroom.





It is possible to book single sessions or every morning each week by simply filling out the All Saints Breakfast Club booking form, available from our school website www.bishopscaundle.dorset.sch.uk or from school reception. Payment can be made by cheque or cash, giving at least **48 HOURS NOTICE IN ADVANCE**. PH Sports also accept Childcare vouchers. Further details of the vouchers scheme are available at www.phsports.co.uk or by phoning 01225 701830.

AFTERSCHOOL CARE

Afterschool Care runs from **3.30PM TO 6PM** with the option of booking for the whole or part of each session. The first session from 3.30 – 4.30pm is sports based and costs **£3.50**. The second session from 4.30 – 6.00pm includes quieter games, reading and home learning support if required. This session also includes a drink and a small snack and costs **£5.25** (£3.50 per hour).

AFTERSCHOOL SPORTS COACHING: 3.30 – 4.30PM

There is a good range of sporting activities on offer, which change on a seasonal basis. Current activities include:

TAG RUGBY

Tag rugby, or **flag rugby**, is a non-contact team game in which each player wears a belt that has two velcro tags attached to it, or shorts with velcro patches. It is fun, fast and promotes great team work and communication skills.



TENNIS



Tennis is a great way to teach agility, balance and coordination; providing pupils with the physical literacy they need to develop a sporting and physical activity habit for life.

GYMNASTICS

This club will focus on a number of areas of gymnastics, from floorwork, balancing and jumping. Children will be making routines using shapes, performing rolls and vaults and playing small gymnastics based games.



BASKETBALL



Basketball is a game of skill rather than strength. The game offers the opportunity to develop the important skills of running, jumping, change of speed and direction, handling a ball, and shooting at a target

BADMINTON

Badminton is a fun and exciting racket sport that can be played in the school hall. It is a sport that improves overall health because of the aerobic exercise you get from participating.



AFTERSCHOOL PLUS: 4.30 ONWARDS



After enjoying an hour's worth of physical activity, the Afterschool Plus session provides the perfect opportunity to wind down with a drink and a snack and focus on home learning, reading and playing quiet games... a perfect end to the school day

Once again it is possible to book a single session or every day each week. Simply fill out the All Saints Afterschool Care booking form, available from our school website www.bishopscaundle.dorset.sch.uk or from school reception. Payment can be made by cheque or cash, giving at least **48 HOURS NOTICE IN ADVANCE**. PH Sports also accept Childcare vouchers. Further details of the vouchers scheme are available at www.phsports.co.uk or by phoning 01225 701830.

BOOKING FORMS ARE AVAILABLE FROM THE SCHOOL WEBSITE AND SCHOOL RECEPTION