

## Rubies Class Spring Term 2 —Rounders Skills

## Key Knowledge

**Learn these key facts—key points in red**

## Bowling

An underarm action is needed from box to box. The ball must NOT bounce between bowler and batter. You can step into the bowl (as long as you stay in the box) to generate more power. The ball must reach the front of the batting square above the batters knees but below their head.



## Striking / Batting

Stand sideways on to the bowler

Keep your batting arm  
at a right angle

As you take your weight onto your back leg, bend your back knee straightening your front leg

Keep your eye on the ball at all times

As you bring your arm forwards to contact the ball transfer your body weight onto the front leg

Direct the ball and follow through where you want the ball to go

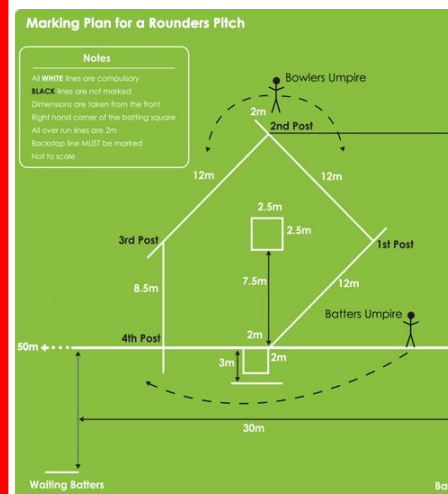


## Fielding and Batting

Fielders on posts must stay on the inside of them. Batters must run around the outside of each post,



## Pitch



## Key Vocabulary

## Understand these key words

Word	Definition
<b>Bowl</b>	Stopping a moving object without it touching the group and keeping hold of it.
<b>Squares</b>	Batter and Bowling areas.
<b>Fielders</b>	Team trying to stop the batters scoring rounders
<b>Posts</b>	At the corners of the pitch for batters to run around and fielders to stump
<b>Stump</b>	Fielders need to touch the ball against the post to get batters out.
<b>Underarm Throw</b>	Used to propel an object over a short distance accurately
<b>Overarm Throw</b>	Used when propelling an object for distance and/or speed
<b>Innings</b>	The whole team bats.
<b>Rounder</b>	Batters runs all the way around all 4 posts in one go.
<b>No-Ball</b>	Ball is bowled below the knee or above the head of the batter. The bowler steps out of
<b>Wide</b>	Ball is bowled wider than the batting square

## Rounders Focus

## Teams

There are many local teams that play plus England, Ireland, Scotland and Wales all have representative teams.

At Elite level Rounders is only played by women .

