Week one
Week two
W/C: 14th Sep, 5th Oct

Vegetables
Veg of the day
For Dessert Dessert of the day

Beef Burger in a Bun
Beef Burger in a Bun with Potato Wedges
Quorn Burger in a Bun (v)
Quorn Burger in a Bun served with Potato
Wedges
Jacket Potato with Baked Beans (v)

| Mild Chicken Curry | Vegetables |
| :--- | :--- |
| Mild Tomato based Chicken Curry served | Veg of the day |
| with Wholegrain Rice | For Dessert |
| Vegetable Curry (v) | Dessert of the day |
| Vegetable Curry served with Naan Bread |  |
| Jacket Potato with Tuna Mayonnaise |  |
|  |  |

Tomato \& Cheese Herby Pasta (v)
Cheese, Tomato \& Mild Herb Sauce served
with Pasta
Omelette (v)
ette served with New Potatoes
Jacket Potato with Grated Cheese (v)

| Roast Chicken Fillet | Vegetables |
| :--- | :--- |
| Roasted Chicken served with traditional | Veg of the day |
| Gravy \& Roast Potatoes | For Dessert |
| Vegetarian Sausages (v) | Yoghurt |
| Vegetarian Sausages served with a |  | Oven Baked White Fish Fingers in Golden

Breadcrumbs with Ketchup and Chips
Crumbed Veggie Burrger (v)
Crumbed Veggie Burger with Ketchup and Chips

Vegetables Veg of the day
For Dessert Dessert of the day

Veg of the day
For Dessert Dessert of the day

| Creamy Chicken and Sweetcorn | Vegetables |
| :--- | :--- |
| Diced Chicken in a creamy sauce with | Veg of the day |
| Sweetcorn served with Pasta | For Dessert |
| Creamy Tomato and Cheese Pasta (v) | Dessert of the day |
| Creamy Tomato \& Cheese sauce with Pasta |  |
| Jacket Potato with Tuna Mayonnaise |  |

Week three
W/C: 7th Sept, 28th Sep, 19th Oct

| Pork Sausages with Mash \& Gravy | Vegetables |
| :--- | :--- |
| Pork Sausages served with traditional Gravy | Veg of the day |
| \& Mashed Potato | For Dessert |
| Vegetarian Sausages with Mash \& Gravy (v) | Dessert of the day |
| Quorn Sausages served with traditional |  |
| Gravy \& Mashed Potato |  |
| Jacket Potato with Grated Cheese (v) |  |


| Macaroni Cheese (v) |  | Vegetables |
| :--- | :--- | :--- |
| Macaroni Pasta in a Cheese Sauce | Veg of the day |  |
| Tomato \& Vegetable Pasta (v) |  | For Dessert |
| Mixed vegetables in a rich tomato sauce | Dessert of the day |  |
| served with Pasta |  |  |
| Jacket Potato with Baked Beans (v) |  |  |


| Minced Beef Pie with Gravy | Vegetables |
| :--- | :--- |
| Minced Beef in a Pastry Crust with a | Veg of the day |
| traditional Gravy and Roast Potatoes | For Dessert |
| Vegetarian fillet with Gravy (v) | Yogurt |
| Quorn fillet served with traditional Gravy |  |
| and Roast Potatoes |  |
| Jacket Potato with Tuna Mayonnaise |  |


| Fish Fillet |
| :--- |
|  |
| Mashed Potato |
| Quorn Dippers (v) |
|  |
| Mashed Potato |
| Jacket Potato with Cheesy Beans (v) |


| Vegetables |
| :--- |
| Veg of the day |
| For Dessert |
| Dessert of the day |

For Allergen
information please
check the website:
www.dorset.mealselector.
co.uk
f your school is an online orderin school visit our website to book your meals:
www.dorset.mealselector.co.uk

For Special Dietary requirements, please contact us at: BPDadmin@compassgroup.co.uk

## F.A.Qs

## What is your website address?

www.dorset.mealselector.co.uk

## Please could you explain your cut off points?

To order meals on our website, the cut off point is always the Sunday (midnight) a full 7 days before the week starts.

## Can we make changes to our orders?

As long as your child's school accepts amendments then we can make changes to your order up to 72 working hours before the meal is to be served. e.g. if you need to change a meal on Friday you would need to contact the office before Tuesday 12:00 midday to ensure we can make the change.

## Do you provide packed lunches for school trips?

We can provide a packed lunch instead of the hot school lunch for a school away day trip. We can automatically transfer hot lunches to packed lunches when we have been notified by your child's school. If you pay for school meals you can cancel your hot meal if you choose to provide a packed lunch for your child, otherwise we will automatically transfer the booked hot lunch to an away day packed lunch. Please contact us on 01202691038 or email us at
BPDadmin@compass-group.co.uk for enquiries.
Away day packed lunches consist of a cheese roll, cherry tomatoes, dessert of the day, a piece of fruit and bottled water.

My child has special dietary requirements, are you able to cater for them?
If your child suffers from an allergy or intolerance to any of the 14 listed EU allergens we are able to provide a nutritionally approved menu for them. Please contact us on 01202691038 or by email bpdadmin@compass-group.co.uk to discuss your child's needs.

Is the food you produce sustainably sourced?
We try wherever possible to use British suppliers / locally sourced food. All of our fish is MSC sustainably sourced.

## Did You Know...?

## If your Child is in KS1 they are Entitled to a Free School Meal

We just want to take this opportunity to remind you that if you have a child in Reception, Year 1 or Year 2 in England, your child is entitled to enjoy a school meal every day, for free!
Children in Year 3 and above may also be entitled to receive Free School Meals if parents are in receipt of financial support. You can find out more on the website: www.dorsetforyou.com/free-school-meals


There are 3 Meal Options Available Daily
There is a choice of 3 tasty options to choose from every day, the main option, a vegetarian option or the alternative option. You can pick and choose which days you have which option so it doesn't have to be one type all term and your child can always have their favourite! You can also change the booked meal option by accessing your online account and changing the option. If the week has been
'locked', contact us on 01202691038 ( 72 hour notice)
You Can Book a Whole Term's Meals in Advance
You can book your meals in advance so you don't have to remember to order weekly! This can be done weekly, bi-weekly, monthly or for the whole term in one go. Please try to select meal options with your child, they tend to enjoy the challenge of choosing their own meals! Remember, you can always go back in and change your options.

For more information please contact: Email: BPDAdmin@ compass-group.co.uk Tel: 01202691038


