








## PSHE Worship Knowledge Organiser – Sea Safety

Key knowledge	Key vocabulary		Questions?
Learn these facts – Key points in red	Understand these key words		You may want to research further.
Sea Safety code:	Word	Definition	You may want to research further
1. Look out for lifeguards	Boundary	A line or area that should not be crossed.	Can you research the flags?
2. It's colder than it looks			
3. Don't go too far	Caution	Potential dangers. Stay vigilant.	<div><div><p><b>Red and yellow flags:</b> Always swim between the flags.</p></div><div><p><b>Red flag:</b> No swimming.</p></div><div><p><b>Yellow flag:</b> Swim with caution; be aware of hazards.</p></div><div><p><b>Black and white flag:</b> Boundary for surfboard riding.</p></div><div><p><b>Red and white flag:</b> Evacuate the water immediately.</p></div></div>
4. It's stronger than it looks			
5. Bring a friend			
<div><div><p><b>ALWAYS FOLLOW THE WATER SAFETY CODE</b></p><p>Whenever you are around water:</p><p><b>STOP AND THINK</b> Take time to assess your surroundings. Look for the dangers and always research local signs and advice.</p><p><b>STAY TOGETHER</b> When around water always go with friends or family. Swim at a lifeguarded venue.</p><p>In an emergency: <b>CALL 999</b> Ask for the Fire and Rescue Service when inland and the Coastguard if at the coast. Don't enter the water to rescue.</p><p><b>FLOAT</b> Fall in or become tired - stay calm, float on your back and call for help. Throw something that floats to somebody that has fallen in.</p><p>Enjoy Water Safely Learn basic lifesaving and CPR skills. Visit <a href="http://www.rlss.org.uk">www.rlss.org.uk</a></p></div></div>	Who can help?		
	<div><div><p>In an emergency:</p><p><b>CALL 999 OR 112</b> Shout for help and phone 999 or 112.</p><hr/><p><b>FLOAT</b> If you fall in, float or swim on your back. Throw something that floats to anyone who has fallen in.</p></div></div>		

<https://www.rlss.org.uk/Handlers/Download.ashx?IDMF=d0ef1a21-0910-471b-bc64-b8e03887ab37>

